There is a long tradition of thinking about music as a product of the human mind. Whether considering composition, performance, listening, or appreciation, the constraints and capabilities of the human mind play a formative role. The field that has emerged around this approach is known as the psychology of music. It seeks to answer fundamental questions of broad and enduring interest—questions like “What is musicality?” and “How does music move us?” The Psychology of Music: A Very Short Introduction explores how the psychology of music confronts these questions. It connects the science to larger humanistic questions about music that are of interest to practicing musicians, music therapists, musicologists, and the general public alike.